

# LOOKING BACK ON YOUR OWN CAREER CHOICE



Delving into the past is meant to sensitize you for the feelings of your child to understand him/her and his/her mental state in this challenging phase.

This is what I remember when I look back upon my own career choice:.....

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Why did I choose this career? .....

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These were the difficulties I had to overcome:.....

.....

These people supported me: .....

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This kind of support was most helpful:.....

.....

This is what I didn't need: .....

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This is what I would have needed:.....

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This is what I'd do the same way/differently: .....

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